HYDRATE BOOST DIETARY SUPPLEMENT

ELECTROLYTE & HYDRATION REPLENISHMENT

MADE IN THE U.S.A. This product is manufactured in a 3rd party GMP-inspected facility (Good Manufacturing Practices).



NEXT LEVEL HYDRATION ENERGIZE-HYDRATE-REPLENISH-GLOWING SKIN

NON-GMO • DAIRY FREE • SOY FREE • GLUTEN FREE • ALL-NATURAL FLAVORS

OFFERED IN FOUR IRRESISTIBLE FLAVORS



COCONUT COLADA



RASPBERRY LEMONCELLO



APPLETINI



PEACH BELLINI

There are an estimated 75% of Americans who suffer from chronic dehydration, and studies show that only 22% are drinking the USDA recommended amount of water that our bodies need. The fact is that we simply do not drink enough water. Staying hydrated is an essential part of maintaining good health. Hydration aids in improving energy levels, mood, memory, weight loss, headaches, and physical performance.

Even if you are in the 22% that does drink your

recommended H20, water alone is not enough. We also need electrolytes, which support regulating fluid levels in the body (including blood plasma) allowing muscle contractions (including the heartbeat), and transmitting messages from the muscles, nerves, heart, and other cells. The combination of dehydration and electrolyte imbalance can cause fatigue, headaches, dizziness, confusion, and several other commonly known symptoms. Hydrating your body along with balancing your electrolytes are a proven staple in maintaining health and fitness, and the reason why hydration/electrolyte drinks have been a great choice for so many.



We started with a formula that delivers 300% hydrating effects per glass of water in addition to electrolytes for balance. We include natural Dextrose in the necessary sugars required in a hydration supplement because it is known to convert glucose faster in your body, compared to other sugars. This is also why Dextrose is a natural choice for hospitals and doctors when it comes to treating dehydration and low blood sugar (this is the main fluid used in IV bags when treating dehydration).

Then we added hero skin ingredients such as Hyaluronic Acid and Baobab Fruit powder plus four different kinds of Vitamin B that support energy and glowing skin! **B1 & B2 are known to improve** the appearance of fine lines and wrinkles plus helps to improve skin tone and are great for dry skin or acne. B3 helps hyperpigmentation, decreases redness, and promotes skin elasticity. B6 helps combat hormonal imbalance which leads to acne breakouts.





Our Hydrate Boost delivers what your body needs from the inside out!

30 STICK PACKS

APPLETINI

Supplement Facts

Serving Size 1 packet (10.5 grams) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	35	
Total Carbohydrates	8 g	3%
Total Sugars	7 g	†
Includes 3 g Added Sugars		6%
Vitamin C (Ascorbic Acid)	130 mg	144%
Thiamin	0.2 mg	16%
Riboflavin	0.2 mg	16%
Niacin (as niacinamide)	2 mg	15%
Vitamin B6 (as pyridoxine HCI)	2.4 mg	139%
Magnesium (as magnesium citrat	e) 400 mg	95%
Chromium (as chromium citrate)	6 mcg	18%
Sodium	60 mg	3%
Potassium	57 mg	1%
Hyaluronic Acid	10 mg	t
Baobab (Adansonia digitata) (Fru	it) 10 mg	t

Other Ingredients: Dextrose, Organic cane sugar, natural flavor, maltodextrin, citric acid, malic acid, stevia leaf extract, silicon dioxide, beta carotene (for color), spirulina blue (for color).

PEACH BELLINI

Supplement Facts

Serving Size 1 packet (10.5 grams) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	45	
Total Carbohydrates	12 g	4%
Total Sugars	10 g	t
Includes 3 g Added Sugars		6%
Vitamin A	200 mcg	22%
Vitamin C (Ascorbic Acid)	130 mg	144%
Thiamin	0.2 mg	16%
Riboflavin	0.2 mg	16%
Niacin (as niacinamide)	2 mg	15%
Vitamin B6 (as pyridoxine HCI)	2.4 mg	139%
Magnesium (as magnesium citrate) 400 mg		95%
Chromium (as chromium citrate)	6 mcg	18%
Sodium	60 mg	3%
Potassium	58 mg	1%
Hyaluronic Acid	10 mg	t
Baobab (Adansonia digitata) (Frui	it) 10 mg	t

Other Ingredients: Dextrose, Organic cane sugar, maltodextrin, natural flavors, citric acid, malic acid, stevia leaf extract, silicon dioxide, beta carotene (for color)

COCONUT COLADA

Supplement Facts

Serving Size 1 packet (10.5 grams) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrates	12 g	4%
Total Sugars	10 g	Ť
Includes 3 g Added Sugars		6%
Vitamin C (Ascorbic Acid)	130 mg	144%
Thiamin	0.2 mg	16%
Riboflavin	0.2 mg	16%
Niacin (as niacinamide)	2 mg	15%
Vitamin B6 (as pyridoxine HCI)	2.4 mg	139%
Magnesium (as magnesium citrat	e) 400 mg	95%
Chromium (as chromium citrate)	6 mcg	18%
Sodium	60 mg	3%
Potassium	57 mg	1%
Hyaluronic Acid	10 mg	t
Baobab (Adansonia digitata) (Fru	it) 10 mg	†

Other Ingredients: Dextrose, Organic cane sugar, malfodextrin, natural flavors, citric acid, malic acid, blue spirulina (for color), stevia leaf extract, silicon dioxide.

RASPBERRY LEMONCELLO

Supplement Facts

Serving Size 1 packet (10.5 grams) Servings Per Container 30

1	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrates	12 g	4%
Total Sugars	10 g	t
Includes 3 g Added Sugars		6%
Vitamin A	200 mcg	22%
Vitamin C (Ascorbic Acid)	130 mg	144%
Thiamin	0.2 mg	16%
Riboflavin	0.2 mg	16%
Niacin (as niacinamide)	2 mg	15%
Vitamin B6 (as pyridoxine HCI)	2.4 mg	139%
Magnesium (as magnesium citrat	te) 400 mg	95%
Chromium (as chromium citrate)	6 mcg	18%
Sodium	60 mg	3%
Potassium	58 mg	1%
Hyaluronic Acid	10 mg	†
Baobab (Adansonia digitata) (Fru	it) 10 mg	†
Daily Value not established.	W	-

Other Ingredients: Dextrose, Organic cane sugar, mailtodextrin, natural flavors, citric acid, mailic acid, stevia leaf extract, beet root powder (for color), beta carotene (for color), silicon dioxide.